

Lifecare at The Commons in Lincoln

Lifecare at The Commons provides residents with the feeling of confidence that comes with having a plan for the future. Lifecare means you have access to **Assisted Living, Mind & Memory Care, Sub-Acute Rehabilitation** and **Skilled Nursing**, with greater predictability of some future costs. Even if your and your loved one's levels of care differ, you will know that you can both stay at The Commons while you each receive the individual level of care you need.

How does Lifecare work?

Lifecare at The Commons provides access to a full continuum of care, including Assisted Living, Mind & Memory Care, Sub-Acute Rehabilitation and Skilled Nursing. You pay a monthly fee plus a one-time entrance fee, which may be 90% refundable, as explained in your continuing care contract. Through Lifecare, you are ensuring priority access to a variety of assisted care services as your needs increase.

Services may include things like assistance with activities of daily living (dressing, bathing, etc.), leading-edge care for memory loss and medication assistance and transfers.

Is Lifecare really an advantage?

Changing health needs can be jarring, but the after effects do not have to be. If you have Lifecare at The Commons, you have peace of mind knowing that when you need care services, whether temporary or long term, you do not have to leave the campus you have come to know and love.

I do not really want to think about finances.

Lifecare often relieves worry for loved ones by, foremost, providing your family with peace of mind due to easy access to Assisted Living, Mind & Memory Care or Skilled Nursing, should the need arise. They are comforted knowing you will receive the care you need now and in the future. Lifecare also provides you and your family with the assurance that your out-of-pocket expenses for care will remain more predictable throughout your time at The Commons. Because a portion of your entrance fee and monthly fee may be attributed to wellness needs, those fees may qualify as a medical tax deduction. Please consult with your tax advisor. We are happy to provide details and explain Lifecare to your financial advisor.

But I am fully independent and feel great!

It is beneficial to take advantage of Lifecare early, as there are certain eligibility requirements that you must meet to qualify. Residents must demonstrate adequate physical health to qualify for a Lifecare plan, so it is best to take advantage of Lifecare while you are still healthy and independent. Care coverage will begin as soon as you need it and will continue for the rest of your time at The Commons.

COMPARE YOUR EXPENSES

Considering a Move to The Commons in Lincoln?

Compare your current home expenses to life at The Commons.

MONTHLY EXPENSES	PRESENT HOME	THE COMMONS
Property Taxes	\$ _____	Included
Property Insurance	\$ _____	Included
Home and Property Maintenance and Repairs	\$ _____	Included
Electric and Heating Utilities	\$ _____	Included
Water	\$ _____	Included
Sewer	\$ _____	Included
Trash Removal	\$ _____	Included
Snow Removal	\$ _____	Included
Lawn Care and Maintenance	\$ _____	Included
Housekeeping Every Week	\$ _____	Included
Weekly Linen Service	\$ _____	Included
Transportation to Medical Visits (within 10 miles)	\$ _____	Included
Transportation to Group Activities	\$ _____	Included
Fitness Center (exercise classes)	\$ _____	Included
Social and Recreational Programs	\$ _____	Included
24-Hour Staffing	\$ _____	Included
24-Hour Emergency Response System	\$ _____	Included

Total Home Expenses \$

Totals

***Total Monthly Home Expenses:**

\$

Minus The Commons' Monthly Fee:

\$

****Minus Tax Deduction:**

\$

Net Monthly Savings:

\$

**Note: Add up expenses over the past seven years and divide by 84 to determine monthly expense for items such as repair or replacement of roof, electrical, HVAC, septic, asphalt, lawn care and snow removal, as well as interior/exterior painting and tree trimming or removal.*

***Note: Because a portion of your entrance fee and monthly fee may be attributed to healthcare needs, a part of those fees may qualify as a medical tax deduction. Please consult with your tax advisor.*